

Patient Memorandum of Understanding

This is an understanding between Traum Chiropractic and

_____ on _____

You have chosen to seek treatment for a painful musculoskeletal condition or, in the absence of pain, you are seeking to maximize the performance of your musculoskeletal system. Fascial Manipulation is the most scientifically advanced technique for full body balancing of muscular and visceral function. There are many techniques available; Graston, Active Release Technique (ART), ASTYM, FAKTR, NMR, DNS, and PRI just to name a few. All have achieved some level of success with muscle pain but none have a scientific approach to addressing imbalances from a full body perspective combined with an ability to treat each patient as a unique combination of compensatory mechanisms within the musculoskeletal system. Fascial Manipulation seeks to identify the specific areas causing dysfunction and, therefore, may work on areas very remote from your symptoms. As a result, Fascial Manipulation typically requires very few treatments. Unless the condition is very complicated or caused by long established fibrosis or degeneration that may need treatment with long term tissue reconstructive therapy or surgery, you should only require 3 to 5 treatments.

Fascial Manipulation will involve the identification and direct manipulation of specific areas of densification within the lubricant of the musculoskeletal system. These densifications disrupt normal force transmission of muscle contraction as well as nerve communication which causes inappropriate pulls on tendons and joints. This interference of muscle mechanics and nerve communication ALWAYS leads to pain and accelerated joint degeneration. These densifications DO NOT resolve with stretches and exercises alone and they are why you and other patients spend so much time and money on repetitive adjustments from your chiropractor or long term stretch/exercises sessions with your physical therapist.

It is, however, very possible that you will not notice this change immediately but will notice that other stretches or exercise therapy sessions will suddenly become effective. ___ This is normal and happens frequently with Fascial Manipulation therapy. Further, this therapy will be uncomfortable. ___ You may bruise and you may get sore in remote parts of your body as the tensional forces begin to adjust and normalize after the release of restrictions to movement. ___

Fascial Manipulation is so effective we guarantee its performance. If we are unable to demonstrate any improvement in your exam findings or local pain and/or range of motion, we will refund your money after the fifth session should we agree that Fascial Manipulation is not the right therapy for your condition. We live by referral and we want nothing more than to have satisfied patients. With that said, should Fascial Manipulation prove effective for your condition, we truly hope that you will feel excited about referring your friends and family to our office for assistance with their issues.

Dr. Edward A. Traum

Patient